

YEAR 4, 5 & Opens Standard Rules

page 23 of the INF Rule Book about earrings and jewellery

- (iv) Players may not wear anything that could endanger themselves or other players, specifically:
 - (a) No adornment or jewellery may be worn other than a wedding ring which must be covered with tape.
 - (b) A medical alert bracelet may be worn provided it is covered with tape.
 - (c) Fingernails must be short and smooth.
 - (d) Hair must be suitably tied back.

Year 2 & Yr 3

page one of ESCPSNA net set go rules

SHORT NAILS PLEASE. Nail clippers available from the Timekeepers table. Ideal if Coach/Manager has clippers in team Kit.

NO EARRINGS. No studs - no earrings. Taping over new earrings is not permitted. Please avoid having ears pierced at any time during the season.

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